

All Pet Animal Hospital  
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## Diets for Growing and Adult Cats

### Turkey Diet

6 ounces ground turkey (raw weight), cooked  
½ egg, large, hard-boiled  
1 teaspoon salt substitute-potassium chloride  
3 bonemeal tablets (10-grain or equivalent)  
1 multiple vitamin-mineral tablet

*Provides 372 kilocalories, 34.1 grams protein, 25.5 grams fat*

### Chicken Diet

½ pound boneless chicken breast (raw weight), cooked  
½ egg, large, hard-boiled  
½ ounce clams, chopped in juice  
4 teaspoons vegetable (canola) oil  
1/8 teaspoon salt substitute-potassium chloride  
3 bonemeal tablets (10-grain or equivalent)  
1 multiple vitamin-mineral tablet

*Provides 471 kilocalories, 53.1 grams protein, 27.4 grams fat*

### Chicken and Rice Diet

1/3 pound boneless chicken breast (raw weight), cooked  
1 egg, large, hard-boiled  
½ ounce clams, chopped in juice  
1/3 cup rice, long-grain, cooked  
4 teaspoons vegetable (canola) oil  
4 bonemeal tablets (10-grain or equivalent)  
1/8 teaspoon salt substitute-potassium chloride  
1 multiple vitamin-mineral tablet

*Provides 503 kilocalories, 43.4 grams protein, 28.6 grams fat*

### Beef Diet

½ pound lean ground beef (raw weight), cooked  
1 egg, large, hard-boiled  
½ ounce clams, chopped in juice  
4 bonemeal tablets (10-grain or equivalent)  
1 multiple vitamin-mineral tablet

*Provides 447 kilocalories, 46.2 grams protein, 27.5 grams fat*